

20 Questions For Creating An Outstanding Quality Of Life



What is important to me?

Am I actively working on those things?



How much time do I invest weekly on improving those areas of life that are important to me?

Where am I now compared to where I want to be?



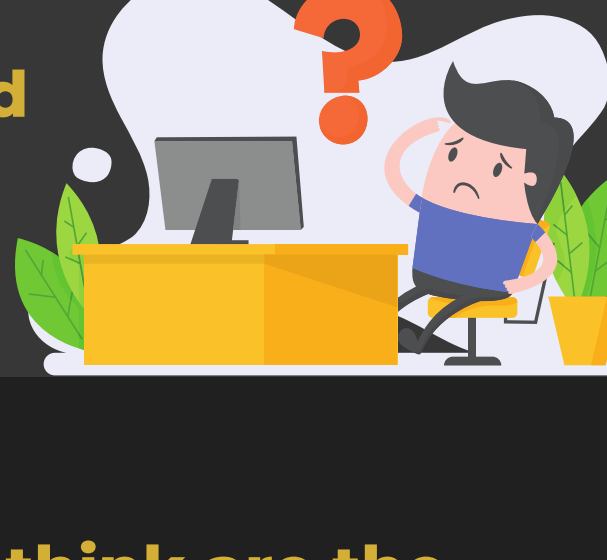
What do I want that I don't already have?

What do I need to do and who do I need to become to have those things/situations/opportunities?



Have I done anything to bridge that gap?

What have I done that did not work?



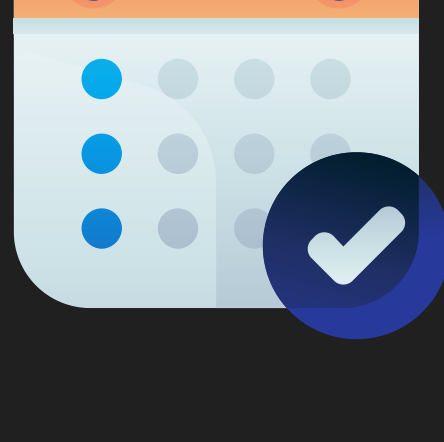
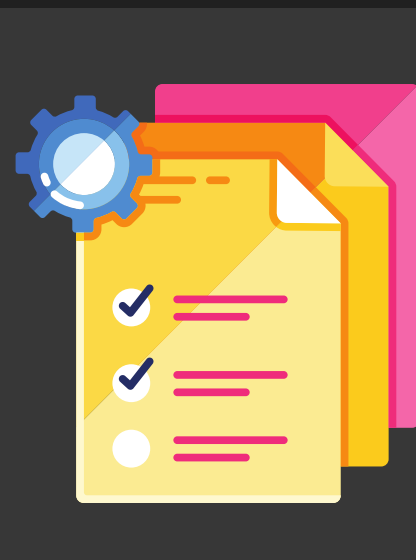
What do I think are the three things that must change, and if they did, my life would be much better?

What had held me back in the past from doing those things?



What resources do I need to have/be those things?

What would have to happen in order to make that happen?



What is the one thing I can do today that will move me significantly closer to where I want to be in life?

When would now be a good time to start?



How will you feel when you get there?

Why does it matter to you?

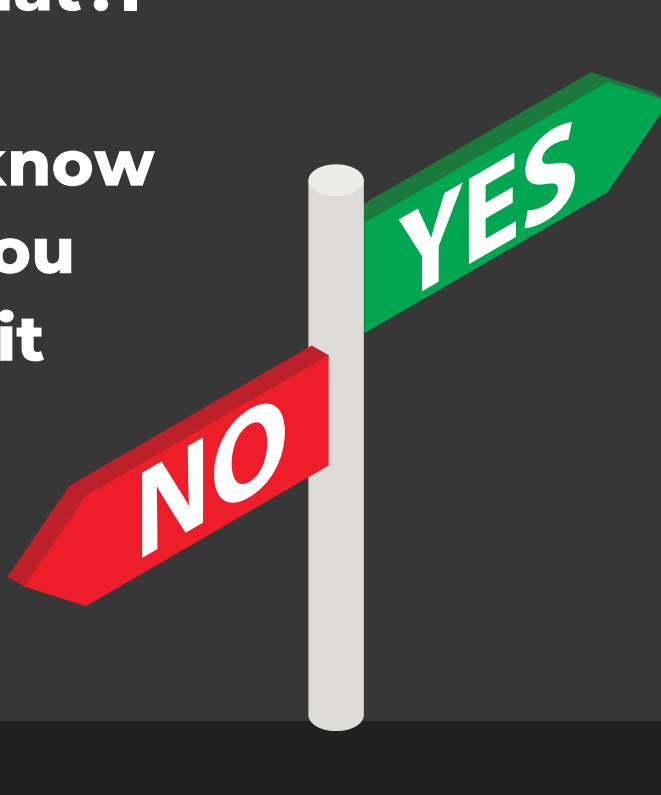


What is the total investment including capital, energy, focus, effort, time, and other missed opportunities you won't be able to experience?



Have you had that feeling before?!

- If yes... What were you doing and who were you with when you felt that?!
- If no... How will you know when you have it if you haven't experienced it before?



Are the results worth the cost?



If it is, when would now be a good time to start?

